



# Camp Freedom & Camp Liberty

## 2013 Parent's Guide

Camp Freedom and Camp Liberty are the two Boy Scout camps at Heritage Reservation.

### 2013 Camping:

Camp Freedom is our Boy Scout resident camp with a 400+ seat dining hall serving family style meals. Scouts stay a period of six days and have opportunity to participate in a plethora of activities and Advancements in our eight program areas.

Camp Liberty is our Boy Scout resident camp that focuses on the patrol method. Scouts prepare their own meals as patrols in the campsite. The ingredients are provided by camp and picked up from the commissary. Scouts stay a period of six days and have opportunity to participate in a plethora of activities and advancements in our eight program areas.

### Can't join your unit but still want to go?

If you are not able to attend with your Troop, camp welcomes you to attend on your own. Register online at [www.heritagreservation.org](http://www.heritagreservation.org) or call the Camping Department on (412) 325-7921.

### Dietary Needs

Please notify us of any special dietary needs or restrictions two weeks before your arrival using the form available online.

### Medical Forms

Every participant must provide a copy of their annual health and medial form and the LHC Supplemental Medical Form.

### What's Unique About Camp...

- Camp Freedom utilizes a dining hall
- Camp Liberty provides patrol cooking.
- For your swimming experience we have beautiful Lake Courage (no pool).
- Units are expected to be involved in activities throughout their stay, so please plan on assisting with campwide duties such as flag ceremonies, manning swim towers on the Waterfront, cleaning the shower building and maintaining a respectable campsite.
- First year Scouts should attend Braddock's Brigade classes to work on skills for rank advancements.
- Scouts who aren't First Class should sign up for Braddock's Brigade and merit badges.
- All Scouts should be given their own copy of their advancement schedules.
- Leaders should make sure that each Scout has chosen programs according to their interests and ability.
- All Scouts taking merit badges should have their blue cards filled out and signed by an adult leader before arriving at camp.
- All Scouts should be made aware of their prerequisites
- All Scouts should read the merit badge pamphlet(s) before coming to camp.

## ***Aquatics***

Lake Courage provides the facilities necessary for swimming and boating.

## ***Braddock's Brigade***

Our first year camper program, Braddock's Brigade offers opportunities to help young Scouts complete advancements for their Tenderfoot, Second Class and First Class Ranks through classes focusing on Outdoor, First Aid, Ecology Conservation, Swimming and Hiking Skills. Scouts may also come to the area during open program to work on individual requirements.

## ***Eagle Base Programs***

Eagle Base offers merit badges for older Scouts looking for more of a challenge. Scouts participating in the Day Trek program should sign up through Eagle Base.

## ***Ecology-Conservation***

Newly built nature centers serve as the center of the Eco-Con areas in each camp, offering a wide range of badges to the Scouts of Camp Freedom and Camp Liberty. Scouts are welcomed to come down and check out the research libraries as well as the zoos and aquariums kept each summer.

## ***Field Sports***

Archery and Rifle Shooting merit badges are offered at Field Sports, as well as the chance to participate in open shoots each day.



## ***Handicraft***

Handicraft welcomes Scouts to their pavillions to work on crafts and other projects, as well as being a workshop for adults and Scouts of all ages throughout the week.

## ***Scoutcraft***

Scoutcraft showcases the best of Scouting skills: camping, cooking, orienteering, pioneering and wilderness survival. Stop by for skill demonstrations and activities throughout the week.



## ***Special Programs***

Heritage offers a wide variety of special programs for all ages of Scouts:

- Outpost - Available for troops or patrols to camp on the far side of the lake
- Outstanding Acorn Award
- Polar Bear Swim - Join us for an early morning swim
- Iron Man - Test your courage in this grueling challenge
- Orienteering - Find the points set up by "Green Bar" Bill himself.
- Honor Camper, Patrol, Troop - Set goals and work to accomplish them as an individual and group

## ***Open Program***

Open program now runs from 11-12 and 4-5 each day, allowing more time for personalized instruction, extra help with projects and badges and more time to enjoy what each program area has to offer.

## 2013 Camp Liberty and Camp Freedom

Area	9:00 - 9:50	10:00 - 10:50	2:00 - 2:50	3:00 - 3:50
<b>Aquatics</b>	Sailing MB (12)	Canoeing MB (12)	Canoeing MB (12)	Canoeing MB (12)
	Kayaking MB (12)	Kayaking BSA (12)	Sailing MB (12)	Sailing MB (12)
	Swimming MB* (12)	Swimming MB* (12)	Swimming MB* (12)	Swimming MB* (12)
	Lifesaving MB* (12)	Lifesaving MB* (12)	Lifesaving MB* (12)	Boardsailing BSA (6)
	Motorboating MB (8)	Motorboating MB (8)	Motorboating MB (8)	Motorboating MB (8)
	Boardsailing BSA (6)	Snorkeling BSA (12)	Kayaking MB (12)	Rowing MB (12)
	Paddle Craft Safety (6) @ Liberty		Swimming & Water Recue (6) @ Freedom	
	BSA Lifeguard (6) @ Freedom till 12 pm		BSA Lifeguard continued @ Liberty till 5 pm	
	First Aid Skills (24)	Ecology Conservation (24)	Ecology Conservation (24)	Swimming Skills (24) MT or RF
	Outdoor Skills (24)	Outdoor Skills (24)	First Aid Skills (24)	Hiking Skills (24) MTW or WRF
<b>Eagle Base Programs</b>	Shotgun Shooting MB (8)	Shotgun Shooting MB (8)	Shotgun Shooting MB (8)	Shotgun Shooting MB (8)
	Climbing MB (12)	Project C.O.P.E. (12) 10:00 - 11:50 1 hr 50 min	Climbing MB (12)	Project C.O.P.E. (12) 3:00 - 4:50 1 hr 50 min
	Watersports MB (6)	Watersports MB (6)	Watersports MB (6)	Watersports MB (6)
		Day Trek (12) till 5 pm		Day Trek (12) till 5 pm
<b>Ecology / Conservation</b>	Environmental Science MB* (12)	Environmental Science MB* (12)	Environmental Science MB* (12)	Environmental Science MB* (12)
	Mammal Study MB (12)	Geology MB (12)	Mammal Study MB (12)	Forestry MB (12)
	Reptile & Amphibian MB (12)	Weather MB (12)	Fish & Wildlife MB (12)	Nature MB (12)
	Oceanography MB (12)	Bird Study MB (12)	Energy MB (12)	Insect Study MB (12)
	Leave No Trace Trainer (8) @ Liberty till 12 pm		Astronomy MB (12)	Archaeology MB (12)
	Rifle Shooting MB (12)	Rifle Shooting MB (12)	Rifle Shooting MB (12)	Rifle Shooting MB (12)
<b>Field Sports</b>	Archery MB (12)	Archery MB (12)	Archery MB (12)	Archery MB (12)
	Art MB (12)	Leatherwork MB (12)	Leatherwork MB (12)	Leatherwork MB (12)
	Space Exploration MB (12)	Sculpture MB (12)	Space Exploration MB (12)	Space Exploration MB (12)
	Woodcarving MB (12)	Woodcarving MB (12)	Sculpture MB (12)	Woodcarving MB (12)
<b>Handicraft</b>	Photography MB (12)	Photography MB (12)	Cinematography MB (12)	Textiles MB (12)
	Fingerprinting MB (12) MT	Fingerprinting MB (12) MT	Fingerprinting MB (12) WR	Fingerprinting MB (12) WR
	Basketry MB (12) WR	Basketry MB (12) WR	Basketry MB (12) MT	Basketry MB (12) MT
	Camping MB* (12)	Camping MB* (12)	Camping MB* (12)	Camping MB* (12)
	Fishing MB (12)	Fly Fishing MB (12)	Fishing MB (12)	Fly Fishing MB (12)
	Wilderness Survival MB (12)	Geocaching MB (12)	Wilderness Survival MB (12)	Orienteering MB (12)
<b>Scoutcraft</b>	Pioneering MB (12)	Cooking MB (12)	Indian Lore MB (12)	Cooking MB (12)
	First Aid MB* (12)	Chess MB (12)	First Aid MB* (12)	First Aid MB* (12)
	Cit in the Nation MB* (12)	Cit in the Nation MB* (12)	Cit. in the Nation MB* (12)	Scouting Heritage MB (12)
	Communications MB* (12)	Communications MB* (12)	Sports MB (12)	Communications MB* (12)
<b>Trail to Eagle</b>	Emergency Prep. MB* (12)	Emergency Prep MB* (12)	Emergency Prep. MB* (12)	Emergency Prep MB* (12)

## What Campers Should Bring

- Sneakers/Hiking Shoes
- T-Shirts
- Underwear & Socks
- Jeans
- Long-Sleeve Shirts
- Pajamas
- Shorts
- Sweatshirt or Jacket
- Official Scout Uniform
- Swimsuit
- Towel
- Personal Hygiene items
- Sleeping Bag
- Pillow
- Hat
- Watch
- First Aid Kit
- Pocket Knife
- Sunglasses
- Sunscreen
- Rain Gear
- Insect Repellent (non aerosol)
- Flashlight
- Spending Money
- Fishing Gear
- Camera/Film (optional)

## More Camping Opportunities

Visit [www.heritagereservation.org](http://www.heritagereservation.org) to learn more about these exciting opportunities:

- MountainFest
- High Adventure Weekend
- Beaver Weekend
- Winter Weekends

## Troop Specific Information

*Throughout our history, we have been providing the best quality programs, and have become a home for many units, Scouters, Scouts and staff. This year, we will maintain the commitment to excellence that Heritage is known for, while going above and beyond with several new programs and services.*

*Delighted that your unit has chosen to take part in this experience, the directors and key leaders are busy planning an incredible program. We have an exceptional group of staff and directors returning, along with some new faces, to ensure we exceed your unit's expectations.*